

Fruit-Able Patience

Exodus 34:6 "And he passed in front of Moses, proclaiming, "The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness." NIV

Galatians 5:22-23 "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law." NIV

Step #1: Decide to _____ Anger

Proverbs 16:32 "It is better to be patient than powerful. It is better to win control over yourself than over whole cities." TEV

Step #2: Count the _____ of Anger

Proverbs 29:22 "People with quick tempers cause a lot of quarreling and trouble." TEV

Proverbs 29:22 "An angry person starts fights; a hot-tempered person commits all kinds of sin." NLT

Proverbs 14:17 "Someone with a quick temper does foolish things, but someone with understanding remains calm." NCV

Proverbs 14:29 "If you stay calm, you are wise, but if you have a hot temper, you only show how stupid you are." TEV

Proverbs 15:18 "Hot tempers cause arguments, but patience brings peace." TEV

Proverbs 11:29 "The man who brings trouble on his family will have nothing at the end." TEV

Proverbs 11:29 "The fool who provokes his family to anger and resentment will finally have nothing worthwhile left." TLB

Step #3: Deal _____ with Anger

Ephesians 4:26-27 "In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold." NIV

Ephesians 4:26-27 "And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, 27 for anger gives a foothold to the devil." NLT

#1: _____ It

#2: _____ It

#3: _____ It

Step #4: _____ Our Minds

Romans 12:2 "Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind." NIV

Romans 12:2 "Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down

to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.” The Message

Step #5: _____ on God

Romans 15:5 “May God, who gives this patience and encouragement, help you live in complete harmony with each other, as is fitting for followers of Christ Jesus.” NLT

Romans 15:5 “May the patience and encouragement that come from God allow you to live in harmony with each other the way Christ Jesus wants.” NCV